



# Access to Behavioral Health Services

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## SAN DIEGO COUNTY ACCESS & CRISIS LINE

Additional information and support is available through the San Diego County Access & Crisis Line

888-724-7240 7 DAYS A WEEK | 24 HOURS



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#### ABOUT

SchooLink is a partnership between the County of San Diego and local school districts to provide County-funded behavioral health services at schools.

- Services are provided at no or low cost to the family as authorized by the behavioral health provider's contract with the County of San Diego
- No one is turned away due to inability to pay
- Services can be provided during or outside of school hours, on-campus or in a community setting, based on the student's and family's needs at schools with a significant number of Medi-Cal and uninsured students

### SERVICES

An individualized plan is developed for every student, based on their needs. Services are offered in many languages and can include:

Mental health & substance abuse services
Individual, family and group therapy
Medication support
Rehabilitative services

#### ELIGIBILITY

## The student must meet medical necessity criteria for specialty mental health services or Drug Medi-Cal. Generally, this means:

- The student has a mental health or substance use diagnosis
- There is a reasonable expectation that intervention will help
- The behavioral health disorder is or will impair an important area of life functioning

#### In addition, the student must be:

• Medi-Cal enrolled; or

- Low income and underinsured
- Low income and uninsured; or

#### HOW DO I ACCESS SCHOOLINK?

School staff can submit a student referral form. Families can also contact their SchooLink provider and request an assessment.



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#### SERVICES

An individualized plan is developed for every student, based on their needs. Services are offered in many languages and can include:

- Mental health & substance abuse services
   Case management
- Individual, family and group therapy
- Collateral services

Medication support

Rehabilitative services

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